



# Community-Based Studies for HIV Prevention

XVII International Course on AIDS and Infectious Diseases  
3rd Canada-Colombia Collaboration on HIV/AIDS Research  
Cali, Colombia  
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# Outline

1. **Community-Based Research (CBR)**
2. **Kingston Area Men's Project (KAMP)**





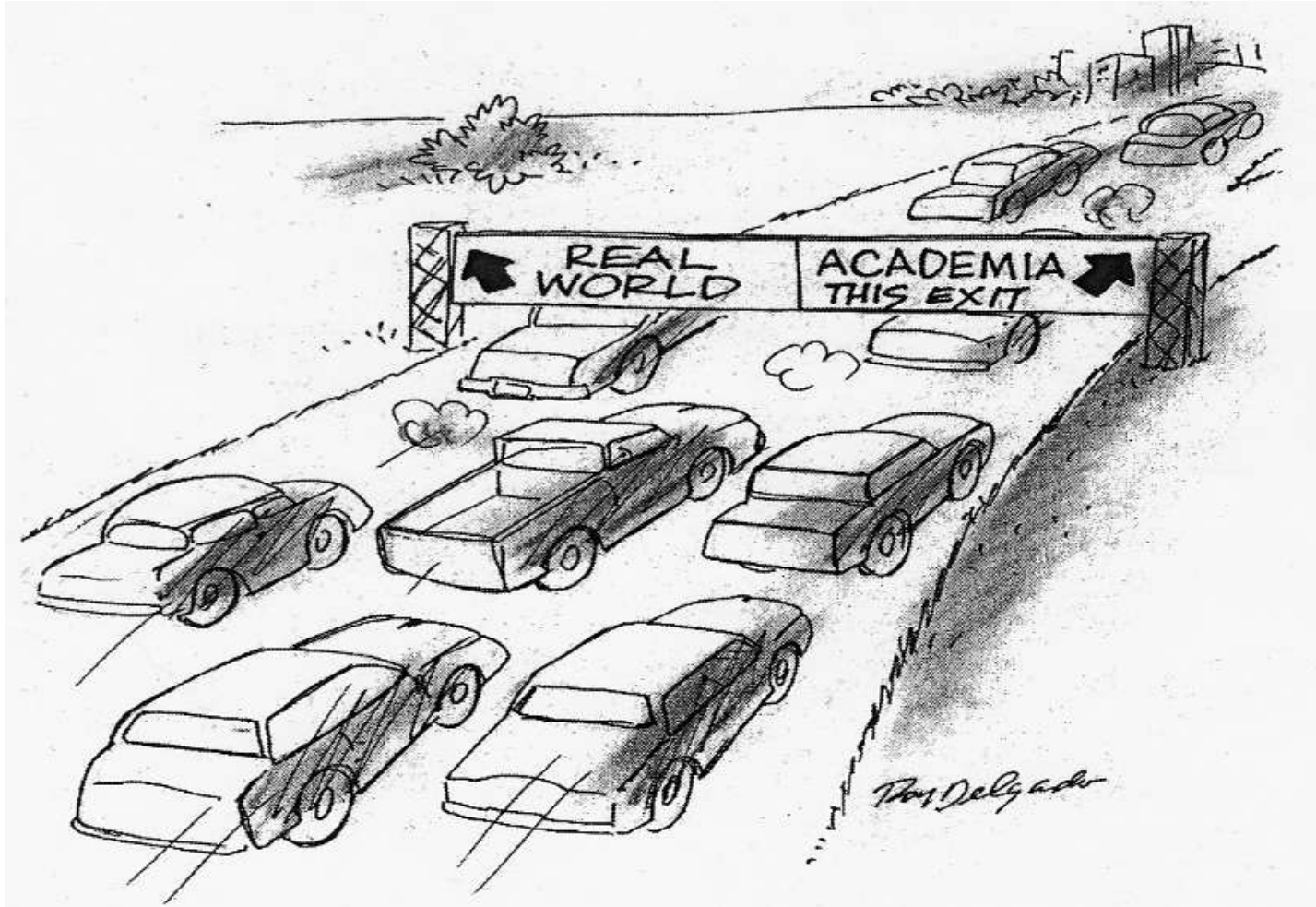
Part 1

# COMMUNITY-BASED RESEARCH (CBR)





Queen's  
UNIVERSITY



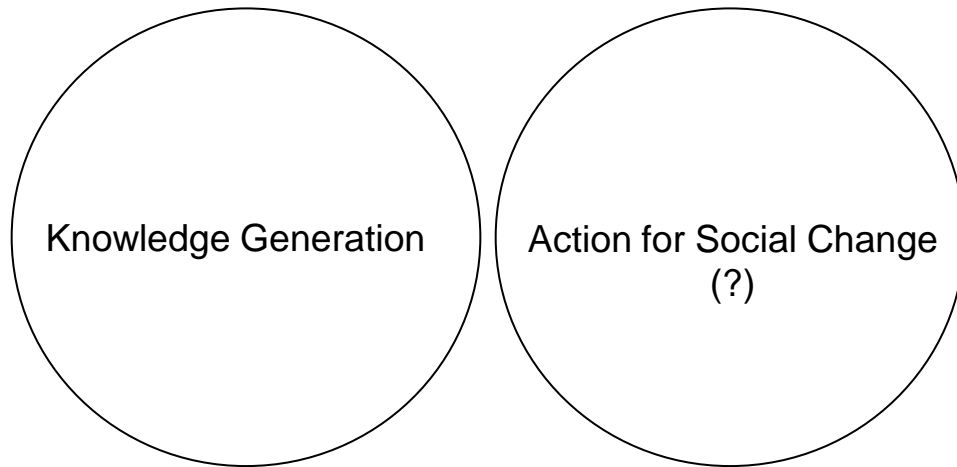


# Community-Based Research

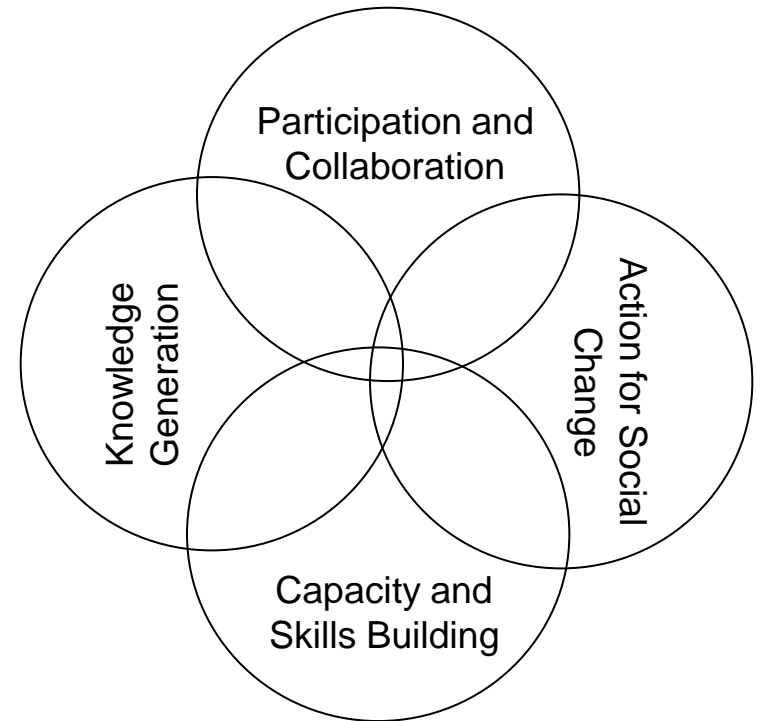
- **Much more than research in a community setting**
- **“...collaborative approach to research that *equitably involves all partners* in the research process and recognizes the unique strengths that each brings. **CBR begins with a *research topic of importance to the community* with the aim of combining knowledge and *action for social change* to improve community health and eliminate health disparities.”** (W. K. Kellogg Community Health Scholars Program, cited in Minkler, M. & Wallerstein, N. (2003) Community-Based Participatory Research for Health. San Francisco: Jossey-Bass.)**



# Two Paradigms



Traditional Academic Research



CBR

# Principles of HIV/AIDS CBR

From: The Ontario HIV Treatment Network ([www.ohtn.on.ca](http://www.ohtn.on.ca))

- **Community driven**
- **Community relevance**
- **Equitable partnerships and collaboration**
- **Capacity building**
- **Anti-oppression framework**
- **Attending to process**
- **Multiple forms of knowledge**
- **Action outcomes**





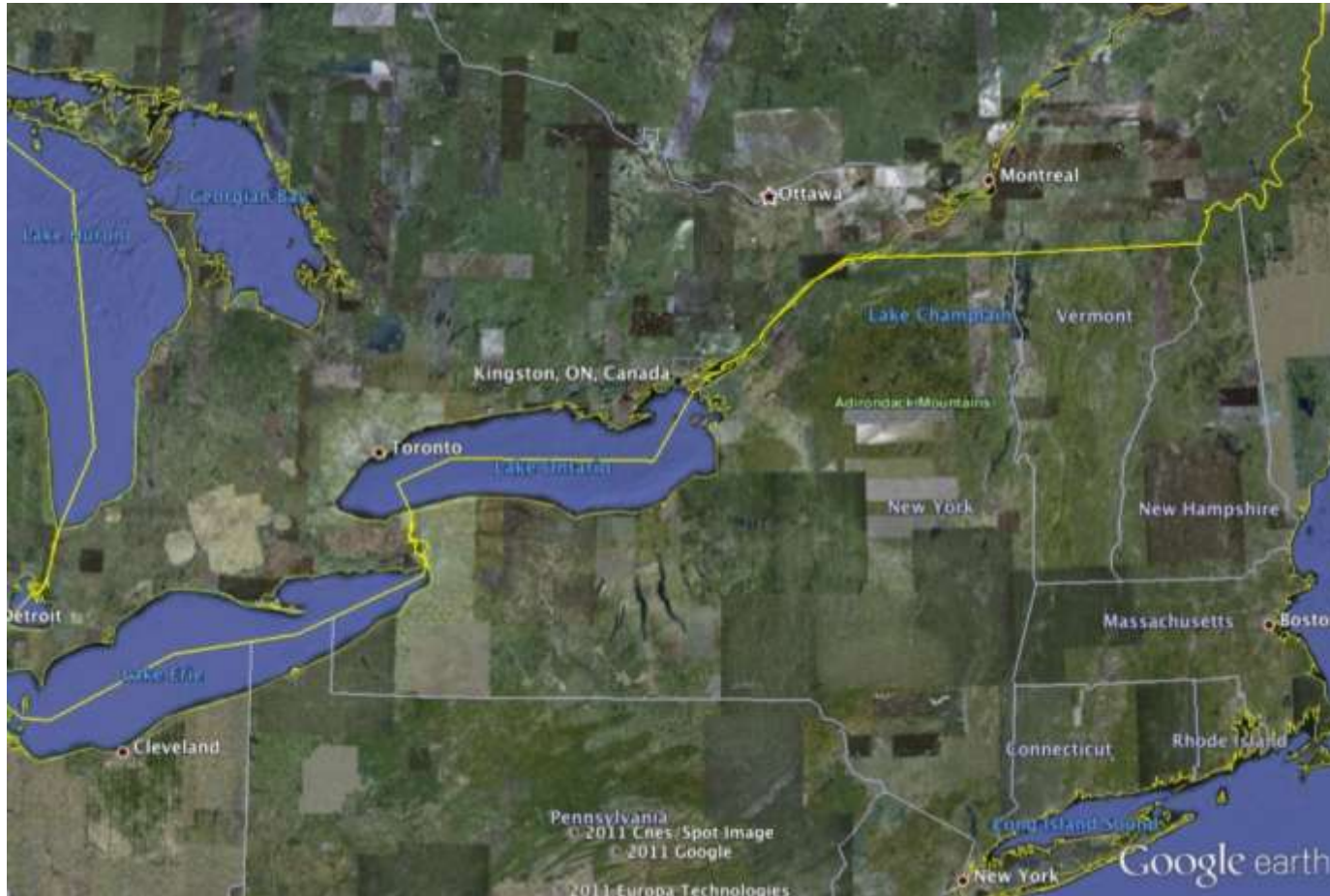
Part 2

# KINGSTON AREA MEN'S PROJECT





# Where in the world is Kingston, Ontario, Canada?



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# Kingston, Ontario

- **Population**
  - City: 117,000
  - Region: 152,000
- **Kingston General Hospital, Hotel Dieu Hospital, Providence Continuing Care Centre**
- **Canadian Forces Base Kingston, Royal Military College**
- **Queen's University, St. Lawrence College**
- **Correctional Services of Canada**
- **Tourism**



# KAMP: Overview

- **CBR project**
- **Partnership between HIV/AIDS Regional Services (HARS) and Queen's University**
- **Funding provided by Queen's University and the Ontario HIV Treatment Network**
- **HARS' interests**
  - Are we meeting service and education needs of gay and bisexual men?
  - Social determinants of health
- **Queen's interest**
  - Community involvement and HIV risk behaviours
  - HIV research that can influence prevention practice





# HIV/AIDS Regional Services

- **Founded in 1983**
- **Serves city of Kingston and surrounding area**
- **Support for people infected and affected**
  - City and regional support
  - Prison support
  - Education
  - Women's outreach (Sex Worker Action Group)
  - Harm reduction (needle exchange and crack pipe distribution)
  - Special projects and discussion groups



# KAMP: Initial Steps (6 months)

- Secured funding from Queen's
- Held open meeting with interested community members (~7)
- Established community advisory board
- Narrowed down scope of research



# Focus group and interview guides

- **Proposed**

- Activities
- Changes over time
- Strengths and Weaknesses
- Resources/Activities
- Health
- Being out

- **Final**

- Activities
- Being gay in Kingston
- Being out
- Homophobia
- HIV stigma and services
- HARS
- “Ideal” gay community



## Next Steps (12 months)

- **Submitted ethics review**
- **Applied for and received OHTN funding**
  - Some funding used to pay CAB members for a range of activities.
- **Held focus group facilitation training**
  - Community advisory board would conduct focus groups and interviews
- **Hired recruitment coordinator**
- **Launched website**





## Next Steps (12 months)

- **Developed terms of reference**
- **Conducted focus groups**
  - Groups: 11
  - Participants: 58
- **Conducted 5 individual interviews**
- **Evaluation training**
- **Developed evaluation plan**
- **Began data analysis**



Data Analysis (6 months)

# Participatory Data Analysis

- **Step 1: Team read through all transcripts to develop codes**
- **Step 2: Academics coded transcripts using NVivo software**
- **Step 3: Group discussion of text from categories of codes**



# Knowledge Transfer and Exchange

**KAMP Community Kitchen Party**  
99 York Street, 26 April 2008

**KAMP Community Advisory Board**  
Joseph Babcock, Tony Piper, Jim Puckalo, Kevin Sosnowski & Bob Stewart

**HIV/AIDS Regional Services**  
Marney McDiarmid

**Queen's University**  
Stevenson Fergus

**THE KINGSTON AREA  
MEN'S PROJECT**

**Community Report**  
June 2009

**KAMP**  
THE KINGSTON AREA MEN'S PROJECT

Method 3 Results 3 Discussion 1.1

**Background**

In the spring of 2005, the Kingston Area Men's Project (KAMP) was established as a community-based organization to address the needs of men in the Kingston area who are at risk of HIV infection. KAMP was created through a partnership between the Kingston Area Men's Project, the Kingston Area Health Unit (KAHU), and the Kingston Area Men's Project (KAMP). The project was established to provide a safe and supportive environment for men to learn about HIV and AIDS, and to receive support and resources to help them reduce their risk of infection. KAMP was established in response to the need for a community-based organization that could provide a safe and supportive environment for men to learn about HIV and AIDS, and to receive support and resources to help them reduce their risk of infection.

Additionally, KAMP was established to provide a safe and supportive environment for men to learn about HIV and AIDS, and to receive support and resources to help them reduce their risk of infection. KAMP was established in response to the need for a community-based organization that could provide a safe and supportive environment for men to learn about HIV and AIDS, and to receive support and resources to help them reduce their risk of infection.

We have been interested in researching the role of community-based organizations in providing support and resources to men at risk of HIV infection. This project was established to provide a safe and supportive environment for men to learn about HIV and AIDS, and to receive support and resources to help them reduce their risk of infection.



**Kingston Area Men's Project**



**CLICK. WATCH. LEARN.**

<http://www.youtube.com/KAMPKingston>

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# Advantages/strengths

- **Validity of questions, findings**
- **Safe space for community to open up**
- **Inclusion of multiple perspectives**
- **Relevance**





# Disadvantages/challenges

- **Validity of findings (?)**
- **Depth of analysis**
- **Representativeness of community members**
- **Time intensity and burden on CAB members**
- **“Letting go” as an academic**





**Muchas Gracias!**

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