

## **The Multidisciplinary Management of HIV and AIDS**

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### **Abstract:**

HIV/AIDS is an infectious disease which affects many body systems and is often associated with poverty, injecting drug use and unprotected sexual practices. Understanding of transmission factors and of the use of preventive measures are needs of people affected by HIV and AIDS. Maintaining emotional stability in the face of an eventually fatal disease is an important aspect of successful management.

This presentation will examine the multiple needs of the patient with HIV infection and discuss how these needs may be met using a multidisciplinary and collaborative approach. The importance of case management will also be considered along with the use of community services outside the hospital setting. Expanding general clinic services to meet the needs of HIV positive parents and their children together will be demonstrated. Benefits derived from providing primary and HIV care in an adolescent HIV clinic will also be discussed.